

Background / Introduction

- Programmed death-1 (PD-1) inhibitors are immune checkpoint inhibitors (ICI) which are used in the treatment of numerous malignancies¹ and often cause nonspecific immune activation termed immune-related adverse events (irAEs)
- Psoriasiform dermatitis is a well-documented cutaneous irAE (ircAE) of PD-1 inhibitors²
- ircAEs are classified according to body surface area (BSA) involvement
 - Grade 1 or 2 eruptions (BSA <30%): topical steroids recommended
 - Grade 3 or 4 eruptions (BSA 30-100%): ICI therapy held and systemic steroid treatment administered³
- Prolonged systemic steroid use may cause side effects and hinder ICI antitumor activity⁴
- We present a case of an ICI-induced psoriasiform dermatitis eruption which demonstrated complete skin response to IL-17 inhibition with ixekizumab and safety in the setting of lung malignancy without progression of the malignancy

Clinical Presentation

- Patient is a 68 y/o male with a remote history of psoriasis which was well-controlled with topical steroids for thirty years
- Patient presented with metastatic non-small cell lung cancer and was started on carboplatin, paclitaxel, and pembrolizumab (PD-1 inhibitor)
- One month into treatment, patient presented to dermatology with 80% BSA involvement with bright red scaly plaques (Figure 1)
- Diagnosis of psoriasiform dermatitis secondary to pembrolizumab was made and treatment was paused
- Triamcinolone 0.1% cream was applied twice daily for two weeks
- Due to lack of improvement with topical steroids, (Figure 2) patient was then started on 80 mg subQ ixekizumab, an IL-17 inhibitor, every two weeks for five doses
- At 12 week follow up visit, patient presented with total skin clearance
- Ixekizumab was continued as maintenance therapy at 80 mg every four weeks and was rechallenged with pembrolizumab due to progression of his pulmonary malignancy
- Following three cycles of pembrolizumab, repeat PET/CT demonstrated an excellent tumor response

Clinical Images



Figure 1: Psoriasiform dermatitis secondary to pembrolizumab on torso initial presentation



Figure 2: Psoriasiform dermatitis secondary to pembrolizumab on torso after triamcinolone treatment



Figure 3: Psoriasiform dermatitis secondary to pembrolizumab on hands

Case Discussion & Literature

- PD-1 inhibitor was re-initiated after the psoriasiform skin eruption was well controlled with IL-17 inhibition and patient demonstrated both an excellent pulmonary tumor response and the skin toxicity remained controlled at 12-week follow-up
- Treatment of ircAEs with extensive BSA involvement includes systemic steroids. However, psoriasis typically flares in the setting of systemic steroid withdrawal and alternative systemic treatment strategies are needed⁴
- A literature search was conducted which found five cases of IL-17 inhibitors with all cases showing improvement of psoriasiform dermatitis⁵⁻⁹
 - In three cases, the patients showed progression free survival after rechallenging with ICI, while remaining on an IL-17 inhibitor.
 - In two cases, the patients had progression of malignancy
- Mouse models have shown potential benefit of concurrent IL-17 and PD-1 blockade¹⁰⁻¹¹

Conclusion and Implications

- This case supports the efficacy and safety of IL-17 inhibitor use for ICI-induced psoriasiform dermatitis
- Other case reports have also demonstrated safety of IL-17 inhibitor use in the setting of malignancy
- Mouse models have suggested that IL-17 inhibitor use may potentiate anti PD-1 response

References

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